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PREOPERATIVE WARNING CONCERNING MEDICATIONS AND BLEEDING

08-03-07

Many medicines that you may be routinely taking can cause bleeding at the time of surgery. This is especially true of ASPIRIN AND ASPIRIN CONTAINING PRODUCTS.

Indeed, patients are often instructed to take one or two aspirin a day by their regular physician to deliberately "thin" their blood. This effect is usually reduced if the aspirin is stopped **TWO WEEKS** before the planned surgery.

Remember, all aspirin is the same when it comes to this blood thinning effect. The only pain medication allowed is Tylenol.

Recently, non-prescription forms of IBUPROFEN which can also thin your blood have become available. These include: Advil and Nuprin. Many anti-arthritis medicines including MOTRIN, BUTAZOLIDIN, TOLECTIN and INDOCIN can also thin your blood.

All the medications listed below can thin your blood and should be discontinued **TWO WEEKS** before and for **TWO WEEKS** after surgery. Please tell the doctor if you are taking any of these medicines:

Alka-Seltzer	Meclofenamate (Meclomen)	Herbal Substitutes:
Ancid	Naproxen (Naprosyn)	Need to be
Anturine	Naproxen sodium (Anaprox)	discontinued 30 days
Darvocet	Persantine	before surgery
Darvon	Piroxicam (Feldene)	Echinacoa
Dipyridamole	Plavix (Aggrenox)	Garlic
Dolobid	Sulindac (Clinoril)	Ginger
Fenoprofen (Nalfon)	Toradol	Ginko
Ibuprofen (Motrin, Rufen)	Vitamin E	Kava Kava
Indomethacin (Indocin)	Volaten	Fish oil
Lovanox		

You may take your heart or blood pressure medications the morning of your surgery with a small sip of water.

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