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## **POST-OP INSTRUCTIONS FOR PE TUBE INSERTION**

1. Rest today. (It is OK to fly after tube placement).
  2. Keep ears dry. Use Earplugs when taking a shower or washing hair. **DO NOT** use Mack's or similar wax earplugs. They may break up or stay deep in ear canal and are very difficult to remove, even under general anesthesia.
  3. Use prescribed ear drops (**3**) in involved ear(s) **2 times a day** for **2 days**.
  4. If water accidentally gets in the ear, immediately place 3 drops of prescribed ear solution (cortisporin or generic - Cipro HC, Floxin) in affected ear. One application should be sufficient.
  5. Drainage (occasionally bloody) from the ears may occur for 1-2 days after surgery.
  6. If drainage persists, use 3-4 prescribed ear drops in the affected ear 3 times a day for as long as the drainage occurs.
- \*\* DOC'S PROPLUGS** are available for \$6.00 per pair, and a headband to hold them in place ("Bandit") for \$14.00.

Custom made earplugs are also available for the swimmer at \$100.00 a pair. They cannot be used for the very young child (3 years old and younger) as the ears are too soft and would not hold the plug.

All types are available from our audiologist. Please call our office at 301-774-0074 for an appointment. The patient must be present for a proper fit.

**\*\*\* PLEASE REMEMBER TO MAKE A POST-OP APPOINTMENT IN 11-15 DAYS AFTER SURGERY**

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