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**INSTRUCTIONS FOR PATIENTS HAVING GENERAL ANESTHESIA OR
MAC (Monitored Anesthesia Care)**

NAME OF PATIENT:
TYPE OF SURGERY:
HOSPITAL OR SURGERY CENTER:
DATE AND TIME OF SURGERY:
ARRIVE @ HOSPITAL OR SURGERY CENTER AT:

*****DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE SURGERY *****
Doing so will necessitate the cancellation of surgery

Please read and complete instructions listed below carefully

1. Schedule an appointment with your primary care physician for pre-operative physical exam one week prior to surgery. The enclosed form needs to be completed by your primary care physician and faxed to the hospital or surgery center. ****Your pediatrician may require that you have the physical exam closer to the date of surgery.****
2. Laboratory work needs to be done 14days prior to surgery. The required lab slip is enclosed. Please complete the highlighted portion prior to going to the Lab.
3. If you are having sinus surgery: spray Afrin in nose 1 squirt in each side prior to leaving for surgery.

All facilities require the physical form and lab work to be faxed to them prior to surgery.

Our office will contact your insurance company to obtain the necessary authorizations and/or pre-certifications for surgery. We will also attempt to estimate and notify you of your financial liability for the surgeon (i.e. deductible and/or percentage of your insurance company's allowed amount). Your surgery deposit, due prior to the procedure is

Once the surgery is posted with the hospital or surgery center, it is very difficult to cancel and reschedule. Insurance companies have many requirements that need to be met before they will authorize a surgery to be done, which results in many phone calls. Sometimes this takes up to an hour on hold. There is paperwork that needs to be completed. This is very time consuming. For these reasons, we have found it necessary to charge an administrative fee of **\$40.00** if the surgical procedure is cancelled for any reason.

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