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## **POST OPERATIVE INSTRUCTIONS**

### **EAR SURGERY**

1. There may be bloody or watery drainage from the incision area for about 10 days following surgery. If this happens, tape a piece of gauze behind the ear and call the office.
2. Clean the incision area with a solution of ½ Hydrogen Peroxide and ½ water on a Q-tip 2 to 3 times a day. Apply Polysporin ointment to the incision area after cleansing.
3. There may be drainage of fluid from the ear following the surgery. The drainage may be clear, pink, or bloody and may last for 2-3 weeks. Call the office if the drainage develops an odor.
4. There may be a feeling of fullness in the ear with popping sounds during the healing period. This is normal.
5. Water should be kept out of the ear until healing is complete. Do not wash the hair for 1 week.
6. **DO NOT BLOW THE NOSE FOR 2 WEEKS AFTER SURGERY.**
7. Try to sneeze with the mouth open.
8. If surgery has been performed to improve the hearing, do not be concerned about the hearing until 6 to 8 weeks post-operatively. The hearing will be tested at that time.
9. You will need to be seen **1 to 2 weeks** after the surgery. Call the office to make an appointment. If there are problems before that time, call the office at 301-774-0074

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